

Girl-Focused Programs

Strong



Healthy Relationships

Our **Relational Aggression** program helps girls build tools for communicating and managing anger or hurt feelings, while strengthening bonds of empathy and sisterhood.

Preventing Adolescent Pregnancy® empowers girls to seek out healthy relationships, resist social pressure, and avoid unwanted pregnancies and sexually transmitted diseases.

Smart



College and Career Planning

Economic Literacy® builds girls' self-reliance through hands-on money management simulations, delivering the message that girls are in control of their financial futures.

Lunch Bunch matches professional female mentors with groups of girls, meeting over a peanut butter and jelly sandwich, to explore educational and career options.

Operation SMART® challenges girls to satisfy their curiosity by solving real-world science, math, and technology problems, while exploring non-traditional career possibilities.

Bold



Empowered Girls

Media Literacy® teaches girls to think analytically about the messages they receive from various media sources, while challenging them to craft their own positive messages.

Project BOLD® provides multiple strategies for violence prevention, while assisting girls in identifying a network of resources and people to increase their personal safety.