



Girls Incorporated®  
of Indianapolis



## Programs 2009-2010

Girls Incorporated® of Indianapolis school day programs provide subject matter enrichment, cultivate critical thinking, and challenge girls and young women to envision a successful future. Our instructors bring professional experience in fields like health care, media, and business directly to girls in the classroom. Flexible scheduling is available Monday – Friday between 9 AM – 5:00 PM.

Age Groups				
6-8	<p><b>Work It Out</b> 6 hour program friendships, bullying, conflict solving</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>She's on the Money®</b> 6 hour program currency, banking, saving</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Body Basics (ages 7&amp;8)</b> 3 hour program pre-puberty conversations</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	
9-11	<p><b>Work It Out</b> 6 hour program gossip, anger management, cliques</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Dollars, Sense, and Me®</b> 6 hour program saving, budgeting, savvy consumerism, work life</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Growing Together®</b> 4 hour program puberty, relationship values</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Lunch Bunch</b> 1 hour program lunch hour program with career exploration focus</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>
12-14	<p><b>Work It Out</b> 6 hour program gossip, anger management, cliques</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Equal Earners, Savvy Spenders®</b> 6 hour program credit, banking, career development, budgeting, philanthropy</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Will Power, Won't Power®</b> 6 hour program Using assertive communication as a means of delaying sexual activity</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>	<p><b>Lunch Bunch</b> 1 hour program lunch hour program with career exploration focus</p> <p>Fall Cycle ___ Winter Cycle ___ Spring Cycle ___</p>





As we continue to inspire girls, we want to provide a holistic approach to our programming. In addition to our Strong and Smart Programs, our Bold Programs will be offered on a rotating schedule.

Age Groups	Bold Program for Fall Cycle	Bold Program for Winter Cycle	Bold Program for Spring Cycle
6-8	<b>Girls Stay Safe</b> 4hour program personal safety, child abuse prevention  Fall Cycle ____	<b>Redefining Beauty</b> 6 hour program body image, realistic vs. unrealistic images of girls  Winter Cycle ____	<b>Media Smarts<sup>sm</sup></b> 6 hour program stereotypes, media creation  Spring Cycle ____
9-11	<b>Media and Me</b> 6 hour program media influence, advertising  Fall Cycle ____	<b>Action for Safety<sup>®</sup></b> 6 hour program self defense, violence prevention  Winter Cycle ____	<b>Redefining Beauty</b> 6 hour program body image, realistic vs. unrealistic images of girls  Spring Cycle ____
12-14	<b>Redefining Beauty</b> 6 hour program peer pressure, nutrition, eating disorders  Fall Cycle ____	<b>Girls Take Another Looks</b> 6 hour program Stereotypes, media creation, logos  Winter Cycle ____	<b>Living Safe and Strong<sup>®</sup></b> 6 hour program body image, realistic vs. unrealistic images of girls  Spring Cycle ____